

CAMP COCOON PARENTS' GROUP

August 6, 2023

NEW TIME & LOCATION

10:00 - 11:00 a.m.

Dining Hall, YCamp/Boys Camp

The Camp Cocoon Parents' Group is an informal, open discussion of grief, children, and families.

Participation is voluntary.



Some Questions You May Have Are:

- What can I do to help my child in their grief journey?
- Is what I do and how I grieve important?
- Is it okay to let my child see me grieve?
- Sometimes I think my child expects me to have all the answers. I just don't. Is this okay or should I make something up to tell them?
- Does the age/gender of my child make a difference in how they grieve?
- What is "normal" grief?
- Sometimes my child jokes about death or seems too happy. Is this disrespectful?
- How do I know when to get professional help for my child?